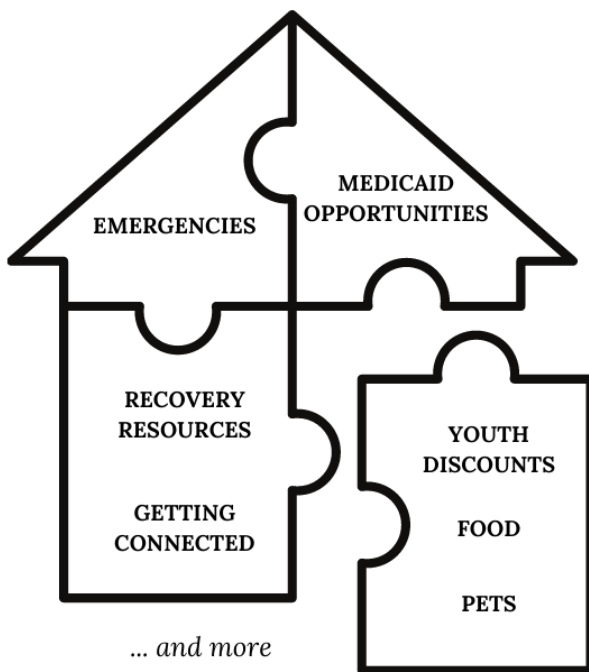


Could you use a little help from your friends...?

GUNNISON VALLEY'S BASIC NEEDS RESOURCE GUIDE

Esta guía está disponible en Español; llama 970-641-7999



with special sections for:

Immigrants & Newcomers

People in Recovery

People with a Disability

Seniors

Veterans

updated and expanded June 2023

Contents

Space does not allow for us to list individual practitioners, or most activities of the many faith and nonprofit groups.

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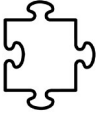
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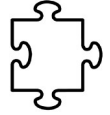
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Part 1: Trying to make ends meet?



APPLY FOR BENEFITS

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://www.gunnisoncounty.org/876/Colorado-Medicaid>

Through this office you can apply for Medicaid and Children's Health Plan Plus (CHP+). You may also apply for emergency basic needs assistance such as food, clothing, emergency rent, medical bills, utility assistance, food assistance, child care assistance and more.

FOOD

FREE/LOW-COST FOOD & FOOD ASSISTANCE

Gunnison County Food Pantries

Gunnison Country Food Pantry

321C N. Main Street, Gunnison

(SW corner N. Main Street and W. Ohio Avenue)

In 2023, the Pantry will move to 114 S. 14th Street, Gunnison. Call to confirm location.

970-641-4156

<https://gunnisoncountryfoodpantry.org/>

Mondays 1:00 pm-4:00 pm, Wednesdays 1:00 pm-7:00 pm (Spanish and Cora speakers available 4:00 pm-7:00 pm), Thursdays 10:00 am -2:00 pm (caters to adults 60+)

The Pantry provides food assistance to those in need in a kind, confidential and supportive environment. If you are experiencing a barrier to food access, call the Pantry to arrange home delivery. Emergency food boxes are available at a number of locations in Gunnison County. Call the Food Pantry for exact locations.

Crested Butte Food Pantry
625 Maroon Avenue, Crested Butte
(Downstairs at Oh Be Joyful Church)
970-349-6237

Open the 1st and 3rd Thursdays of each month 5:00 pm-6:00 pm

Greater Somerset Food Pantry
3688 Highway CO-133, Somerset
970-929-5445

Open Tuesdays 2:00 pm-4:00 pm

Farmers Markets

The Gunnison and Crested Butte Farmers Markets accept Supplemental Nutritional Assistance Program (SNAP) and Women, Infants & Children (WIC) vouchers and participate in the Double Up Food Bucks program which doubles what you spend on your SNAP card up to \$20 at each market. Visit the market booth to first buy SNAP vouchers.

Crested Butte Farmers Market
970-901-4181
<https://cbfarmersmarket.org/>

Sundays late May to early October, 9:00 am-2:00 pm on Elk Avenue (zero and 100 blocks)

Crested Butte South Farmers Market
At the bus stop in Crested Butte South
970-349-1162
staff@cbsouth.net

Thursdays July-September, 4:00 pm-6:00 pm. (Does not accept SNAP benefits.)

Gunnison Farmers Market
Corner of N. Main Street & Virginia Avenue, Gunnison
970-648-0580
<http://www.gunnisonfarmersmarket.com>
bfrase@western.edu

Saturdays 9:30 am-1:00 pm, from mid-June to mid-October

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://gunnisoncounty.org/882/Public-Assistance>

Assists qualifying residents to receive Supplemental Nutritional Assistance (SNAP) benefits (“food stamps”). The purpose of SNAP is to alleviate hunger and malnutrition among low income households by increasing their ability to purchase food.

Assists qualifying residents to receive Women, Infants and Children (WIC) benefits, a nutrition program for pregnant and breast-feeding women.

Gunnison Gardens

970-964-8226

<https://www.gunnisongardens.com>
sue.wyman@gunnisongardens.com

Gunnison Gardens is committed to teaching people to grow their own food internship program during the summer. Times may be Tuesday evening and/or Sunday afternoon; call to confirm. We usually teach a topic, then work on the farm, then harvest and take home some free fresh produce.

Mom’s Meals

<https://www.momsmeals.com/>

Internet-based service that delivers low-cost meals to people who are 65+, have a disability, or on Medicaid or whose insurance program provides for home meal delivery. Menus are tailored to varying health conditions such as renal or cardiology issues, or who required food to be pureed. Medicaid recipients should apply through the Department of Health & Human Services (970-641-4665); long-term Medicaid recipients should apply via their caseworker in Delta. Recipients must have refrigerator space to store meals for 7-14 days.

Mountain Roots Food Project

970-417-7848

<https://www.mountainrootsfoodproject.org/>
foodsecurity@mountainrootsfoodproject.org

Backyard Harvest: Year-round free weekly home delivery of fresh produce grown on the Mountain Roots farm, donated by gardeners and farmers or purchased from Colorado producers when possible. May–October. Sign up via the email address above.

Community Gardens: Cultivemos Cottonwood, The Giving Garden at Bill's Park, Sunshine Garden at the Gunnison Rec. Center, and the Crested Butte/Gunnison school gardens are open to volunteers to participate in our Giving Gardens, where people work together to grow more food with less time and effort, May-October. Drop-ins and people with no gardening experience are welcome; our garden leader teaches basic skills weekly, and you can take home produce at the end of garden hours. Email the address above for more information.

Cooking/Gardening Demonstrations: Occasional demonstrations are offered to teach basic gardening skills and how to make a simple healthy meal from food grown in the garden.

Mountaineer Marketplace & Food Hub

Basement, Leslie J. Savage Library, Western Colorado University
970-943-2232

Open Tuesdays and Thursdays, 12:30 pm-2:00 pm for WCU students. Open first Friday, 2:00 pm-4:00 pm for staff and faculty. Call to confirm summer hours.

Roadkill Program

970-641-8200 Ext. 1

Call to get on a list to receive salvageable road kill. No proof of citizenship is required, but you must provide your name, phone number, and availability to be called as it could be in the middle of the night. If you are called, you must pick up the carcass, dress it and have it properly butchered. You must also obtain a free road kill permit from Colorado Parks & Wildlife, 300 W New York Ave. in Gunnison, 970-641-7060, within 48 hours of picking up the roadkill.

Salmon Giveaway

Roaring Judy Fish Hatchery
Highway 135 north of Gunnison
970-641-7070 or 970-641-0190

Roaring Judy Fish Hatchery gives away Kokanee Salmon in the fall. The giveaway dates have been on Fridays in October and early November. You must be in line by 9:00 a.m. You must have a valid fishing license. Call the day before to verify and ensure that there will be fish given away.

Senior Meals

Gunnison Senior Center
200 Spencer Avenue, Gunnison
970-641-8272

Full meals on Monday, Wednesday and Friday at 11:30 am. Delivery for homebound seniors is possible with at least 24 hours' notice. Low- or no-cost.

Student Nutrition Program

970-641-7714

<https://www.gunnisonschools.net/>

The Gunnison Watershed School District provides all children with free meals daily, regardless of family income. However, low-income parents are urged to complete the FARM paperwork, which may assist with other school fees.

COMMUNICATIONS

Affordable Connectivity Program

877-384-2575

<https://www.fcc.gov/acp>

Both Visionary Broadband and Spectrum High-Speed Internet partner with the federal government on this program by which qualifying households (including veterans on pension benefits) may purchase discounted broadband service (\$30/month as of this writing). Also offers \$100 towards the purchase of a device such as a laptop computer. Both a local and a federal application are required; you may wish to start with local Visionary Broadband (108 E. Tomichi Avenue, Gunnison).

Gunnison Watershed School District

970-641-7714

<https://www.gunnisonschools.net>

GWSD provides hot spots for students who do not have internet at home.

Lifeline

800-234-9473

<https://www.fcc.gov/lifeline-consumers>

Both Visionary Broadband and CenturyLink partner with the federal government on this program by which low income people can receive discounts on qualifying phone, broadband service or bundled packages. At the webpage you will see 3 ways to apply, one of which is to start with local Visionary Broadband (108 E. Tomichi Avenue, Gunnison) or CenturyLink. Both a local and a federal application are required.

CLOTHING & GOODS

FREE & LOW-COST CLOTHING & GOODS

Boom-A-Rang

221 N. Main Street, Gunnison
970-641-3115

Free clothing is placed in the dumpster in the alley behind the store. Help yourself. Consignment Store: Open daily 10:00 am-6:00 pm

Last Ditch Thrift

125 N. Main Street, Gunnison
970-707-4019

Open daily 10:00 am-5:00 pm. High quality secondhand clothing at "great prices." Daily sales. During the last week of the month you can fill a bag for a flat \$10.

Lighthouse Pregnancy Center

144 W. Main Street #D (enter on Virginia Avenue)
970-596-1706

Open Tuesday and Thursday, 12:00 pm-6:00 pm. Offers free maternity and infant supplies.

Opportunity Shop

304 S. 10th Street, Gunnison

Open Tuesday and Thursday, 12:00 pm-4:00 pm. Gently used household goods and clothing.

Monkey Goats Consignment

118 W. Tomichi Avenue, Gunnison
970-641-4110

Open 10:30 am-5:30 pm Monday through Saturday. Modestly priced new and consignment goods. Clothes for newborns to adults; toys; baby gear. Hours are variable according to season and day of the week; it's wise to call ahead.

St. Mary's Garage

300 Belleview Avenue, Crested Butte

<https://www.stmarysgarage.org/> and on Facebook
stmarysgarage@aol.com

(In 2024 St. Mary's Garage will move to Queen of All Saints Church, 401 Sopris Avenue, Crested Butte. Call to confirm location.)

Open 4:00 pm-5:30 pm on Tuesdays and Thursdays, Saturdays from 10:30 am-12:00 pm. Free clothing and shoes, bedding, linens, kids' toys, baby items, and small kitchen items.

Six Points Thrift Store

1160 N. Main Street, Gunnison
970-641-3081

<https://www.sixpointsgunnison.org/>

Open Monday through Friday 9:00 am-6:00 pm, Saturday 10:00 am-3:00 pm. Clothing, furniture, kitchen items, dishware, toys, and more.

Wal-Mart

900 N. Main Street, Gunnison
970-641-1733

Open daily 6:00 am-11:00 pm. Clothing, kitchen items, dishware, toys and more at low prices.

MORE INFORMATION: CLOTHING & GOODS

Gunnison Country Shopper

<https://www.gunnisonshopper.com/>

Free weekly newspaper available Countywide and online. Often has listings for clothing and other goods, sometimes free, as well as jobs and housing possibilities

Gunnison Marketplace

Facebook Page

Facebook page where items are listed for sale, or where you could post a request for items you need.

Gunnison Valley Humanity Posse

505-235-5557

Facebook Group

cooltempsCO@gmail.com

“People helping people.” If you have an emergency need, you can post it there.

HEALTH & SAFETY

HEALTH EMERGENCY

(IF YOU ARE EXPERIENCING AN EMERGENCY, DIAL 9-1-1)

Hospital Emergency Room

711 N. Taylor Street, Gunnison

970-641-1456

<https://www.gunnisonvalleyhealth.org/>

24 hour emergency room

Urgent Care Crested Butte/ Mt. Crested Butte

Gunnison Valley Health
12 Snowmass Road, Mt. Crested Butte
970-349-0321

<https://www.gunnisonvalleyhealth.org/>

8:00 am -5:00 pm during summer and ski seasons

Moore Orthopedics
32 Crested Mountain Way, Crested Butte
970-349-2677, phone answered 24/7

<https://www.mooreorthopedic.com/>

8:30 am-4:30 pm Monday-Friday; every day during ski season. Despite their name, their urgent care is not limited to orthopedic injuries.

VSON-Alpine Orthopaedics & Sports
405 Elk Avenue, Crested Butte
970-641-6788

<https://vsortho.com/gunnison>

8:00 am-5:00 pm Monday-Friday; offers a 24 hour call number for orthopaedic or sports injuries only

Urgent Care Gunnison

Gunnison Valley Health Urgent Care
707 N. Iowa Street, Gunnison
970-648-7105

<https://www.gunnisonvalleyhealth.org/>

10:00 am-5:00 pm Monday-Friday, 12:00 pm-8:00 pm Saturday & Sunday

VSON-Alpine Orthopaedics & Sports
112 Spencer Avenue, Gunnison
970-641-6788

<https://vsortho.com/gunnison>

8:00 am-5:00 pm Monday-Friday, 24-hour call number for ortho or sports injuries only

Domestic Violence

Project Hope

24 hour crisis line: 970-275-1193

Non-emergencies 970-641-2712

<https://www.hope4gv.org/>

info@hope4gv.org

Assists victims of domestic violence, sexual assault and human trafficking.

24/7 Telephone Hotlines

First Call for Children Hotline

877-647-7440

24 hour free pediatric/children advice, operated by Rocky Mountain Hospital for Children in Denver.

Parent Smart Pediatric Nurse Hotline

720-777-0123

24 hour free pediatric/children advice, operated by Children's Hospital of Denver.

Poison Control

800-222-1222

MENTAL HEALTH EMERGENCY

(IF YOU ARE EXPERIENCING AN EMERGENCY, DIAL 9-1-1;
Suicide and Crisis Lifeline: DIAL 988 or text TALK to 38255)

Hospital Emergency Room

711 N. Taylor Street, Gunnison

970-641-1456

<https://www.gunnisonvalleyhealth.org/>

24 hour emergency room

Behavioral Health Mobile Crisis Program

24 hours via 9-1-1

The Gunnison Valley Health Mobile Crisis program is free. A trained mental health clinician from Gunnison Valley Health can respond to crisis calls in Gunnison and Hinsdale Counties.

Axis Health System

<https://www.axishealthsystem.org>

Crested Butte Office

318 Elk Ave, Suite 25, Crested Butte
970-252-3200
9:00 am-4:00 pm Monday-Friday

Gunnison Office

710 N. Taylor Street, Gunnison
970-252-3200
9:00 am-4:00 pm Monday-Friday

Gunnison Valley Health Behavioral Health

970-648-7128

<https://www.gunnisonvalleyhealth.org>

Crested Butte Office (starting summer 2023)

214 6th Street, Suite 4, Crested Butte

Gunnison Office

300 E. Denver Avenue, Gunnison

HEALTH NON-EMERGENCY

Gunnison County Department of Health and Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://gunnisoncounty.org/152clinical-services>

Offers immunizations, family planning, women's wellness, prenatal programming. May be able to advise on medical professionals who accept Medicaid.

Gunnison Valley Health (GVH)

970-641-1456

<https://www.gunnisonvalleyhealth.org/>

Comprehensive-care health system that also includes the assisted and senior care centers and hospice. Provides information/assistance on bill payment. Provides a bilingual/Spanish language navigator (970-648-7740) and other interpreters, including Cora speakers, if needed. Only a few departments are listed below; see the website for all of their departments and specialists.

GVH Birth Center Classes

970-648-7071

Offers classes for pregnant mothers and new parents. A \$50 fee may be variable for families in need. Call the number above to confirm when the next classes start.

GVH Family Medicine

707 N Iowa Street, Gunnison
970-642-8413

<https://www.gunnisonvalleyhealth.org/>

GVH Home Medical Services

1498 W. Tomichi Avenue, Suite B, Gunnison
970-641-4254

<https://www.gunnisonvalleyhealth.org/>

Nursing, therapy and social work services, ordered by a physician, are offered to families with infants born prematurely or children with developmental delays or who need occupational or physical therapy; adults recovering from orthopedic surgery or in need of wound care; and seniors in need of special care. Often covered by Medicare, Medicaid and Private insurance.

GVH Hospice & Palliative Care

1498 W. Tomichi Avenue, Suite B, Gunnison
970-641-4254

<https://www.gunnisonvalleyhealth.org/>

Hospice care is a multifaceted Medicare program for people whose diagnosis suggests that the patient will live for 6 months or fewer.

Palliative care is a private pay program optimizing quality of life and mitigating suffering among people with serious, complex, and often terminal illnesses.

GVH Hospital

711 N. Taylor Street, Gunnison
970-641-1456

<https://www.gunnisonvalleyhealth.org/>

GVH Pediatrics Crested Butte

305 6th Street, Crested Butte
970-641-8413

<https://www.gunnisonvalleyhealth.org/>

Open Thursdays.

GVH Senior Assisted Living Center

300 N. Third Street, Gunnison
970-641-3031

<https://www.gunnisonvalleyhealth.org/>

GVH Senior Care Center

1500 W. Tomichi Avenue, Gunnison
970-641-0704

<https://www.gunnisonvalleyhealth.org/>

Skilled nursing facility.

ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

970-714-2875 office
800-272-3900 hotline 24/7
wbandel@alz.org

Provides consulting with individuals, families and caregivers; offers educational resources and useful connections to support them. Also see "support groups" for a caregivers group.

CANCER SUPPORT

Living Journeys Cancer Support

300 Belleview Avenue, Suite 3B, Crested Butte
970-349-2777

<https://www.livingjourneys.org>
info@livingjourneys.org

Assists patients diagnosed with cancer, their families and caregivers in many ways: transportation out-of-valley for treatments; access to therapists; financial support; access to interpreters. Offers grief support to anyone, as well as caregiver support via groups with a zoom option.

Tough Enough To Wear Pink

<https://gunnisonstetwp.com>

director@tetwp.com

Offers a vehicle so that you can drive to medical appointments and treatments, financial assistance, support groups and other resources for people impacted by breast cancer.

CHILDREN & FAMILY MEDICINE

Exploration Kids Therapy

234 N. Main Street, Gunnison

970-641-2908

<https://www.explorationtherapy.com>

Speech and occupational therapy for youth. As of this writing, accepts Medicaid.

Gunnison Valley Family Physicians

<https://gvfp.net/>

As of this writing, accepts Medicaid and Child Health Plan+ (CHP+).

Crested Butte Office

214 6th Street, Suite 1, Crested Butte

970-349-6749

Gunnison Office

130 E. Virginia Avenue, Gunnison

970-641-0211

GVH Family Medicine

see p 12

GVH Pediatrics Crested Butte

see p 13

Gunnison Watershed School District

970-641-7770

sskokan@gunnisonschools.net

Sherilyn Skokan is the School District Nurse.

The PIC Place

87 Merchant Drive, Montrose

970-252-8896

<https://www.pic.place>

info@picplace.org

Provides comprehensive medical, dental and behavioral/mental health care for all ages. Accepts all insurances including Medicaid and Medicare. Income-based discounts for those without insurance. New patients can typically get an appointment within 2 weeks. No application process necessary. Spanish speakers are welcome.

DENTAL

Crested Butte Dental

80 Glacier Street, Crested Butte South

970-349-5880

<https://www.crestedbuttedentist.com>

Offers a variety of payment plans that may help you; offers sales and special offers (see the website at the insurance link). Annually, offers a veterans-only free day.

MEDICAID MEMBERS ONLY

Health First Colorado Nurse Advice Line

800-283-3221 24/7

Both English and Spanish language assistance is available.

ORTHOPEDICS

VSON-Alpine Orthopaedics & Sports

970-641-6788

<https://vsortho.com/gunnison>

Crested Butte Office:

405 Elk Avenue, Crested Butte

Gunnison Office

112 Spencer Avenue, Gunnison

Accepts a limited number of Medicaid patients.

PRESCRIPTION DRUGS PROGRAMS

<https://hcpf.colorado.gov/prescription-drug-discount-resources>

Prescription drug providers may offer a discount program that reduces the cost of your prescriptions. Ask your local pharmacy if they offer such a program, how to qualify and how to apply. You can also learn more and search via the website above.

VISION/OPTOMETRIST

Abba Eye Care

420 N. Main Street, Gunnison
970-641-2020

Accepts Medicare as of this writing.

Family Vision Center

302 W. Tomichi Avenue, Gunnison
970-641-2422

Accepts Medicaid as of this writing. Conducts free infant vision screening for low-income families.

New Eyes

<https://tchnetwork.org/new-eyes/>

Program that purchases eyeglasses for qualifying low income children and adults. Apply on the website.

Western Colorado University Student Health & Wellness Office

Western Colorado University Campus Center
970-943-2891

<https://www.western.edu/student-life/health-wellness/>

Can assist students with information and resources regarding substance abuse, mental health, stress and suicide prevention. Other useful resources and links are on the website.

MENTAL HEALTH NON-EMERGENCY

(IF YOU ARE EXPERIENCING AN EMERGENCY, DIAL 9-1-1;
Suicide and Crisis Lifeline: DIAL 988 or text TALK to 38255)

**Also see the section on Recovery Resources
starting on p. 51**

Axis Health System

<https://www.axishealthsystem.org>

Crested Butte Office

318 Elk Ave, Suite 25, Crested Butte
970-252-3200

Gunnison Office

710 N. Taylor Street, Gunnison
970-252-3200

Provides a range of counseling services and may be able to assist people who are unable to afford a counselor.

Gunnison Valley Health Behavioral Health

970-648-7128

<https://www.gunnisonvalleyhealth.org>

Crested Butte Office (starting summer 2023)

214 6th Street, Suite 4, Crested Butte

Gunnison Office

300 E. Denver Avenue, Gunnison

Clinicians help you create a personal plan to help and support you. Services include individual and family therapy; addiction services/ medication treatments (make an appointment at 970-644-5303); and Peer Support Specialists who use their personal experiences to help you. A Spanish-speaking patient navigator is available (970-648-7740).

Peer Support Specialists use their personal recovery experiences as a means to help clients, helping them achieve their goals and finding other community resources.

School-Based Services: counselors provide free, school-based counseling services to students at Lake and Gunnison Elementary School and Crested Butte Middle and High Schools.

Jail-Based Services: provide voluntary, short-term behavioral health services to individuals incarcerated in Gunnison County's jail.

Crested Butte State of Mind

405 3rd Street Suite F, Crested Butte
970-596-4698

<https://www.cbstateofmind.org/>
mfdougherty79@gmail.com

Provides information, referrals to counselors and financial help to people anywhere in Gunnison County who are unable to afford a counselor.

Front Range Clinic – Medications for Addiction

866-628-7828

<https://www.frontrangemd.com/>

Crested Butte Office

214 Sixth Street, Suite 4, Crested Butte

Gunnison Office

300 E Denver Avenue, Gunnison

Phone for an appointment for help on getting free of addiction. Takes Medicaid and can work with the uninsured as well.

Western Colorado University Student Health & Wellness Office

Western Colorado University Campus Center
970-943-2891

<https://www.western.edu/student-life/health-wellness/>

Can assist students with information and resources regarding substance abuse, mental health, stress and suicide prevention. Other useful resources and links are on the website.

Youth Wellness

youthwellness@gunnisoncounty.org

Youth Wellness offers up to 4 free confidential sessions with a therapist for youth 6th grade and older. Schedule an appointment via the email the address above.

PREVENTION RESOURCES

BLOOD TESTING

Blood Draw

Gunnison Valley Health
970-641-1456

<https://www.gunnisonvalleyhealth.org>

Gunnison Valley Health conducts annual blood draws in both Crested Butte and Gunnison at low cost. Some vouchers may be available for people unable to pay; contact the GVH Marketing Department. In 2022 and 2023 the Blood Draws have been held in early summer. Information about dates and signing up will be on the hospital website.

BREAST CANCER SCREENING

Mammograms

Tough Enough to Wear Pink/Gunnison Valley Hospital
711 N. Taylor Street, Gunnison
970-641-1456

If you are lawfully present in Colorado and have no insurance coverage, Tough Enough To Wear Pink will pay 100% of your mammogram cost. Call the number above, ask to speak to the Radiology Dept., and tell them that the mammogram should be billed to TETWP. If you are a Spanish speaker mention that as well so that GVH can have an interpreter available.

CAR SEATS

Gunnison Police Department
970-641-8273

Low income people may qualify for a free car seat for kids. Call the number above and ask to speak with the Community Resource Officer.

GUN LOCKS & LOCK BOXES

Gunnison County Department of Juvenile Services

200 E. Virginia Avenue
970-642-7393

May be able to provide gun locks and lock boxes.

LONELINESS & ISOLATION

See "Information & Connection," p. 27

Gunnison Valley Animal Welfare League

970-641-1173

<https://gvawl.org>

info@gvawl.org

"Silver Whiskers" is a program by which GVAWL helps people address isolation and loneliness. GVAWL pairs an older, well-mannered animal when they are available with a senior who is on a low- or fixed income such as Social Security or Veterans Disability/Retirement Benefits. GVAWL may also be able to assist with related costs such as food, litter, or veterinary visits. Call or email to get the application.

PRESCRIPTION DRUG DROP-OFF

Crested Butte
Marshall's Office
5008 Maroon Avenue

Gunnison
Gunnison Police Department
910 Bidwell Avenue

RADON TEST KITS

Colorado State University-Extension
275 S. Spruce Street, Gunnison
970-641-1260

Kits are free. Call for more information.

SUICIDE PREVENTION TRAININGS

Several types of trainings are offered during the year. For information about upcoming trainings contact Emily Mirza at Gunnison County Juvenile Services, emirza@gunnisoncounty.org; or consult the Axis Health System's website, www.axishealthsystem.org, or call Axis at 970-2452-3200.

VACCINATIONS & IMMUNIZATIONS

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://gunnisoncounty.org/149/Health-Human-Services>

Many immunizations and vaccinations, including TB and COVID, are available. Call for details.

City Market Pharmacy

880 N. Main Street, Gunnison
970-641-6379

Many immunizations and vaccinations, including TB and COVID, are available. Call for details.

Wal Mart Pharmacy

900 N. Main Street, Gunnison
970-641-1145

Many immunizations and vaccinations, including TB and COVID, are available. Call for details.

HUMAN TRAFFICKING

Western Slope Against Trafficking

<https://www.westernslopeagainstrafficking.com/>

Education, resources and discussion of concerns so that trafficking in Western Colorado may be reduced and ultimately eliminated. Contact via the website, above.

WELL WATER TESTING

City of Gunnison Water Treatment Facility

524 County Road 32, Gunnison
970-641-8042

The City of Gunnison can test the safety of well water for any Gunnison County resident for a modest fee. Take a sample to the Water Treatment Plant, address above.

SUPPORT GROUPS

Almost certainly this list is not complete. New groups come into existence as they are needed, and other groups end. This is current as of April, 2023, as best we know. If there's a topic you don't see below, try seeing if such a group exists via a Facebook search.

Caregiver Support

- Living Journeys Cancer Support, 970-349-2777
- Alzheimer's & Dementia Caregivers: taktser8@gmail.com; 970-596-5667; meets the first Wednesday of the month

Domestic Violence/Sexual Assault

- Project Hope, 970-641-2712; English and Spanish.

Family

- Dads Support, Lighthouse Pregnancy Center, 970-596-1706
- Mothers of Preschoolers (MOPS) for moms of kids through preschool age and MOMSnext for mothers of kids grades 1-12, 970-648-4086. Spanish speakers welcome.
- Mountain Mamas Café for new mothers, addresses issues including breastfeeding to post-partum depression, 970-648-7071
- Post-abortion Support, Lighthouse Pregnancy Center, 970-596-1706
- Pregnancy Loss, Lighthouse Pregnancy Center, 970-596-1706
- Pregnant Moms, Lighthouse Pregnancy Center, 970-596-1706

Grief

- Gunnison Valley Health/Hospice, 970-641-4254
- Living Journeys Cancer Support, 970-349-2777
- Mt. Calvary Lutheran Church, 970-641-1860

Illness

- Eating Disorder Recovery Support, edrecoverygunni@gmail.com
- Family members affected by cancer, Living Journeys Cancer Support, 970-349-2777
- Women with breast cancer, Tough Enough to Wear Pink, tetwpdirector@gmail.com

LGBTQIA+

- Crested Butte Gay Coffee meets regularly. See Facebook page.
- Gunnison Valley Queer Women group meets monthly. gunisonvalleyqueerwomen@gmail.com.
- Spectrum at Western Colorado University. Facebook page, email wcuspectrum@gmail.com, or consult the list of clubs at www.western.edu

Mental Health

- Axis Health Systems offers support groups as the needs arise. Contact Axis at 970-252-3200.

Substance & Recovery

- An entire section of this Guide is devoted to support groups, such as AA or Narcotics Anonymous and a host of other resources for people in recovery. See p 51.

Online

An online group may help if nothing is available locally to meet your needs. At this site you will find 14+ groups, ranging from Military Moms to parents of LGBTQ; Youth to Apoyo Perinatal (in Spanish): <https://www.postpartum.net>

HOUSING & UTILITY ASSISTANCE

SEEKING HOUSING

You can do an internet search for real estate agents, such as Gunnison Real Estate & Rentals, Apogee Real Estate & Rentals or Berkshire Hathaway/Today Realty & Associates who may be able to direct you to housing or housing resources. Because the housing shortage is dire, you may need to get creative in your search. Here we list resources available as of this writing, but we suggest you constantly check Facebook and other online sites as agencies, organizations and individuals step forward to help.

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://gunnisoncounty.org/882/Public-Assistance>

DHHS may be able to assist low-income individuals and families with rent assistance, emergency motel vouchers, etc.

Low Income Energy Assistance Program (LEAP): helps lawfully present Gunnison County residents living at or below 60% of the state median income level with some of their energy bill. Applications available at Health & Human Services.

Energy Outreach Colorado (EOC): assists people with their heating bills, taking into account income, number of people in the home, and heating bill.

Gunnison Valley Regional Housing Authority

970-641-7900

<http://gvrha.org>

housing@gvrha.org

Rentals, Ownership: GVRHA is the property manager for several income or workforce-restricted rentals. Visit “rentals” on their website. Also posted at “ownership opportunities” are available restricted ownership opportunities.

Energy cost reduction: The GV-HEAT program helps households reduce energy costs and make homes more comfortable, livable, affordable and safe. GV-HEAT provides home energy assessments and improvements at free or reduced cost to qualifying households.

Gunnison Marketplace

Facebook page

There are frequent posts on rentals that may be available.

Gunnison Valley Housing Hub

Facebook Page

Locals may find opportunities to lease, sublet, find roommates, buy and sell housing.

Gunnison Valley Humanity Posse

505-235-5557

Facebook Group

cooltempsCO@gmail.com

“People helping people.” If you have an emergency need, you can post it there.

Habitat for Humanity

970-641-1245

<https://hfh-gunnisonvalley.org>

Offers home ownership opportunities for a limited number of people who are willing to work to help build and buy their own home.

Hispanic Affairs Project/Inmigrantes Unidos de Gunnison

970-209-1807

marketa@hapgj.org

HAP may be able to assist immigrants with rent and utility payments.

Project Hope

24 hour crisis line: 970-275-1193

970-641-2712

<https://www.hope4gv.org/>

info@hope4gv.org

Assists victims of domestic violence, sexual assault and human trafficking with emergency shelter, transitional housing, rent and utility payments.

Valley Housing Fund

<https://vhfund.org>

970-901-9032

Works to support affordable and accessible housing opportunities.

COUNSELING

Housing Resources of Western Colorado

524 30 Road #3, Grand Junction

970-773-9188

<https://www.hrwco.org/>

cbrown@hrwco.org

Offers counseling on leases, credit scores, budgeting, homebuyer education, foreclosure prevention, and reverse mortgages.

UTILITIES & ENERGY EFFICIENCY

Gunnison County Department of Health & Human Services

See p. 24

Gunnison Valley Regional Housing Authority

See p 24

info@gvrha.org

Town of Crested Butte

970-349-5338

Google: Crested Butte senior discount utilities

The Town offers a discount on water-sewer costs for long term Crested Butte residents who qualify by reason of income or disability. Apply online via the application above.

INFORMATION & CONNECTION

Here we list some good general places to start seeking connections – if there is a “point person” for a particular group such as seniors, immigrants or veterans, we include them . We don’t have the space to include such as political parties, lodges, book clubs, the League of Women Voters, and many more and you should be able to find these via an internet search or at the Libraries. We are sure that this is not an exhaustive list. Please email specialprojec1@cfgv.org to help us keep it updated.

VISITORS CENTERS

Crested Butte Visitors Center

601 Elk Avenue, Crested Butte
970-349-6438

<https://cbchamber.com>

cbinfo@cbchamber.com

Open daily 9:00 am-5:00 pm

Gunnison Visitors Center

500 E. Tomichi Avenue, Gunnison
970-641-1501

<https://www.gunnisonchamber.com/>

chamber@gunnison.com

Open 9:00 am-5:00 pm Monday through Friday year round; on weekends June-October 10:00 am-3:00 pm.

Mt. Crested Butte Visitors Center

Transit Center, Mountaineer Square
970-349-6438

<https://cbchamber.com>

cbinfo@cbchamber.com

Open daily 9:00 am-5:00 pm when the lifts are running in winter and summer

COMMUNITY CALENDAR

Gunnison Valley Community Calendar

<https://gunnisonvalleycalendar.org>

A comprehensive online calendar of events administered by KBUT Community Radio.

CONGREGATIONS & FAITH COMMUNITIES

There may be student faith groups at Western Colorado University that are not listed here. Contact 970-943-2176.

All Saints in the Mountains
Episcopal Church
403 Maroon Avenue, Crested Butte
985-312-8112

Assembly of God/ The Rising Church
92 County Road 17, Gunnison
970-889-1029

Bethany Baptist Church
909 N. Wisconsin Street, Gunnison
970-641-2144

Blue Mesa Baptist Church
1468 County Road 17, Gunnison
970-640-8494

Christian Challenge
Western Colorado University
970-943-2469

Church of Christ
600 E. Virginia Avenue, Gunnison
970-641-1588

Church of Jesus Christ of Latter Day Saints
810 N. 11th Street, Gunnison
970-641-4640

Spanish congregation: 970-209-7905

Church of the Good Samaritan
Episcopal Church
307 W. Virginia Avenue, Gunnison
970-641-0429

Community Church of Gunnison
107 N. Iowa Street, Gunnison
970-641-0925

Congregation B'nai Butte
<http://www.bnaibutte.org>
bnaibutte@gmail.com

Crested Butte UCC Congregational Church
403 Maroon Avenue, Crested Butte
970-209-9306

First Baptist Church
120 N. Pine Street, Gunnison
970-641-2240

Gunnison UCC Congregational Church
317 N. Main Street, Gunnison
970-641-3203

Iglesia Christiana Rios de Agua Viva
37762 W. US Highway 50, Gunnison
970-209-3372

Iglesia Christiana Pentecostes
302 W. Tomichi Avenue, Gunnison
719-298-8331 or 970-275-4082

Iglesia Emanuel
405 W. Tomichi Avenue, Gunnison
970-376-6191

Jehovah's Witnesses
655 County Road 13, Gunnison
970-680-9488

Legacy Family Ministries
970-596-1706
Mt. Calvary Lutheran Church
711 N. Main Street, Gunnison
970-641-1860

New Song Christian Fellowship
77 Ute Lane, Gunnison
970-641-5034

Oh Be Joyful Baptist Church
625 Maroon Avenue, Crested Butte
970-349-6237

Queen of All Saints Catholic Church
401 Sopris Avenue, Crested Butte
970-641-0808

Rios de Agua Viva
37762 W. US Highway 50, Gunnison
970-209-3372

Rocky Mountain Christian Ministries
1040 Highway 135, Gunnison
970-641-0158

Seventh Day Adventist
77 Ute Lane, Gunnison
970-641-3036

St. Peter's Catholic Church
301 N. Wisconsin Street, Gunnison
970-641-0808

Sojourn Church
302 W. Tomichi Avenue, Gunnison
970-209-9739

Trinity Baptist Church
523 N. Pine Street, Gunnison
970-641-1813

Way International
606 County Road 9, Gunnison
<https://www.theway.org/connect-and-grow/camp-gunnison/>

Young Life
601 6th Street, Crested Butte
520-241-1009 or 865-406-6376

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://gunnisoncounty.org/149/Health-Human-Services>

DHHS provides information to low-income and vulnerable populations on health, housing, food assistance options and much more. They may be able to identify medical professionals who take Medicaid.

Gunnison County Libraries

<https://www.gunnisoncountylibraries.org/>

Open 9:00 am-6:00 pm Monday-Friday; 10:00 am-4:00 pm Saturday;
1:00 pm-5:00 pm Sunday

Crested Butte Library

504 Maroon Avenue, Crested Butte
970-349-6535

Gunnison Library

1 Quartz Street, Gunnison
970-641-3485

Gunnison Senior Center

200 Spencer Avenue

https://www.gunnisonco.gov/departments/parks_recreation/seniors/index.php

970-641-8272

A great way to connect with others, and engage in a host of activities.

Gunnison Valley Humanity Posse

See p. 8

Gunnison County Veterans Services Officer

713-823-5828

sotero@gunnisoncounty.org

Steve Otero, Veterans Services Officer can help you navigate Medicare, social security services, various health options, and community resources.

Gunnison Valley Women's Network

<https://www.gunnisonvalleywn.com>

Networking Nights are the last Wednesday of the month, 5:30-7:30 pm. Watch the website for locations and to rsvp. Also offers many events such as a spring clothing swap and women's evenings out.

Hispanic Affairs Project/Inmigrantes Unidos de Gunnison

Facebook Page
970-209-1807
marketa@hapgj.org

They have a Facebook page and requests for information may be posted there; or send an email to Marketa Zubkova.

NEWSPAPERS

Crested Butte News

<https://crestedbuttenews.com/>

Local newspaper available every Thursday; an excellent place to be oriented to Crested Butte events. You can access their help wanted section online as well.

Gunnison Country Shopper

<https://www.gunnisonshopper.com/>

This free weekly newspaper is found in scores of places countywide and online, and includes short- and long-term job opportunities as well as housing and items for sale.

Gunnison Country Times

<https://www.gunnisontimes.com/>

Local newspaper available every Thursday; an excellent place to be oriented to Gunnison events. You can access their "help wanted" section online as well.

JOBS

Colorado Workforce Center

109 E. Georgia Avenue, Gunnison

<https://connectingcolorado.com>

970-641-0031

gunnison@state.co.us

Go to the website and click on “Quick Job Search.” You enter your zip code and can see the posted jobs available. You can learn about training opportunities. And you can post your resume here as well.

Newspapers

See p 32

Gunnison Valley Humanity Posse

See p. 8

“People helping people;” if you are seeking work you can post your request here.

Six Points Evaluation and Training

1160 N. Main Street, Gunnison

970-641-3081

<https://sixpointsgunnison.org/>

seprov@sixpointsgunnison.org

As a vendor for the Colorado Division of Vocational Rehabilitation, Six Points can provide employment services such as career assessments, job seeking skills, application assistance, work adjustment, etc., to any Colorado resident 15 or older with a qualifying disability. While Six Points’ primary mission is to serve people with developmental disabilities, this program serves anyone with any disability. Call to learn more.

Six Points may also offer job skills training for Gunnison High School students with a disability. Email the address above.

LAW ENFORCEMENT

(For emergencies, dial 9-1-1)

Gunnison County Dispatch

Non-emergencies: 970-641-8200 ext. 1

Gunnison County Sheriff's Office

510 W. Bidwell Avenue, Gunnison

Non-emergencies: 970-641-1113

Crested Butte Marshall's Office

508 Maroon Avenue, Crested Butte

Non-emergencies: 970-349-5231

Gunnison Police Department

910 W. Bidwell Avenue, Gunnison

Non-emergencies: 970-641-8200

Mt. Crested Butte Police Department

911 Gothic Road, Mt. Crested Butte

Non-emergencies: 970-349-6516

Note: If you are booked, information on Bail Bond providers will be provided to you. If you are jailed, Gunnison Valley Health can provide a variety of mental health and substance management services to you.

LEGAL CLINICS

Colorado Legal Services

<https://www.coloradolegalservices.org/>

First Thursday of each month from 4:30 pm-6:00 pm; call 800-521-6968. Third Wednesday of each month from 5:00 pm-7:30 pm; call 844-404-7400

Colorado Legal Services offers low-income people and seniors two chances to talk to a lawyer for free. This is a telephone service providing legal advice in both English and Spanish. Topics can be family law, landlord-tenant law, and more. Call during these hours to talk with an attorney.

You can also become a client and speak to an attorney outside at these clinics via an online application, or call 800-521-6968.

Pro Se Free Legal Help Clinic

In partnership with the Gunnison County Libraries

Gunnison Library: 970-641-3485

Crested Butte Library: 970-349-6535

Second Wednesday of each month by phone, 2:00 pm-5:00 pm

Call either the Gunnison or the Crested Butte library to make an appointment. The attorney will call you at the appointed time. May be held via zoom.

TRANSPORTATION

OUT OF THE COUNTY

Bustang

970-641-1111

<https://www.ridebustang.com/>

Daily public bus service to and from Crested Butte and Gunnison to Denver Union Station, connecting in Salida for Alamosa and Pueblo, Departs from the 4-Way Stop in Crested Bute at 5:15 am and from the EconoLodge in Gunnison around 6 am, stopping at Monarch Mountain in the winter. The bus returns to Gunnison around 6:40 pm and to Crested Butte around 7:30 pm. Cost from Crested Butte and Gunnison to Denver is \$45 and \$40 respectively; (Half price for seniors and people with disabilities). Use the mobile app or pay exact cash on the bus. See website for the scheduled stops and times.

KBUT Ride Line

<https://www.kbutradio.org/ride-line/>

Complete a form if you need a ride or can give a ride in or out of the county. Rides are announced on the radio at 9:40 am on weekdays, 10:40 am on weekends.

MEDICAL APPOINTMENTS & TREATMENTS

Medride

719-545-3333

<https://www.medridecolorado.com>

Provides non-emergency transportation to out-of-town medical appointments and services for people on Medicaid with no other options. Requires 24-48 hours advance notice. When you call, have your Medicaid number and appointment information available.

Sunshine Rides

970-777-7777

<https://www.sunshinerides.com>

Provides rides to medical appointments. Takes Medicaid as well as private pay clients (private pay @ \$2.50/mile over 100 miles). Requires advance notice; text or email photo ID and payment information when you make your reservation. If you are a Medicaid client, you must also fax a letter from your medical provider confirming your appointment information.

WITHIN THE COUNTY

Gunnison Valley RTA

<http://www.gunnisonvalleyrta.com/>

Free bus service between Gunnison and Mt. Crested Butte. Stops in Almont, CB South, Town of Crested Butte and Mt. Crested Butte Transit Center. Go online for the schedule and bus stop locations or download the free app.

Late Night Taxi—Crested Butte Area

Operated by Alpine Express

970-209-0509

10:00 pm-2:30 am; Rides are \$5 in Crested Butte/Mt. Crested Butte, \$7 to Crested Butte South.

Mountain Express

970-349-5616

<http://www.mtnexp.org/>

Free bus service between Mt. Crested Butte, Crested Butte and CB Butte South. Go online to find the schedule.

Safe Ride Gunnison

970-209-7433

Wednesday, Friday and Saturday nights, 8:00 pm-2:00 am

SafeRide provides free, no questions asked rides in the greater Gunnison area on these nights. You can get a free ride whether you've had too much to drink or just need to get around town.

Senior Free Bus Service

Crested Butte Senior Bus

970-275-4768

To schedule a ride, call weekdays at least 7 days before you need the ride.

Gunnison Senior Bus

970-596-6700

9:00 am-4:00 pm daily. To schedule a ride, call the number above.

EARLY CHILDHOOD, BOOKS & EDUCATION

EARLY CHILDHOOD

Gunnison-Hinsdale Early Childhood Council

970-641-3244

lathey@gunnisoncounty.org

<https://www.gunnisoncounty.org/897/Gunnison-Hinsdale-Early-Childhood-Council>

Some financial assistance may be available for childcare/preschool for young children. Or contact the Early Childhood Council, above, for more information about State of Colorado recent universal preschool legislation.

The Gunnison-Hinsdale Early Childhood Council, based in the Gunnison County Department of Health & Human Services, offers information, training and resources to assist early childhood development, as well as support for families with young children .

Preschools

Tuition assistance may be available at the schools listed below. A directory including licensed home care providers is at www.gunnisoncounty.org/documentcenter/view/12126; or email lathey@gunnisoncounty.org since the posted list could change.

Crested Butte

Little Red Schoolhouse

49 Gillaspey Avenue
(Crested Butte South)
970-349-0996

<https://crestedbuttepreschool.com/>
lilredschoolhouse1@gmail.com

Paradise Place Preschool

404 Maroon Avenue
970-349-2149

<https://paradisepreschool.com/>
paradisepreschool@gmail.com

Stepping Stones Children's Center

705 7th Street

970-349-5288

<https://www.steppingstonescb.com/>

steppingstonescb@gmail.com

Gunnison

Lake Preschool

800 N. Boulevard Street

970-641-7770; Spanish language

assistance is available

<https://lake.gunnisonschools.net/>

Tenderfoot Child & Family Development Center

700 N. Colorado Street

970-642-1949

<https://tenderfootchildcare.org/>

tfootdirector@gmail.com

Wonderland Nature School

1498 W. Tomichi Avenue Suite C

970-641-4511

www.wonderlandnatureschool.org

admin@wonderlandnatureschool.org

Libraries

Gunnison County Libraries

<https://www.gunnisoncountylibraries.org/cafe/>

Youth & Family Coordinator keelin@gunnisoncountylibraries.org

Programs for toddlers to adults in both Gunnison and Crested Butte ranging from Story Hours for toddlers to clubs such as Lego Club for kids to the Gaming Guild for teens. Consult the website for program days and times.

Monday-Friday 9:00 am-6:00 pm, Saturday 10:00 am-4:00 pm, Sunday 1:00 pm-5:00 pm

Crested Butte Library
504 Maroon Avenue, Crested Butte
970-349-6535

Gunnison Library
1 Quartz St, Gunnison
970-641-3485

BOOKS

Colorado Talking Book Library

1-800-685-2136
www.myctbl.org

Free audio, Braille and large print books for youth. Call or consult website to sign up.

Dolly Parton's Imagination Library

Community Foundation of the Gunnison Valley
525 N. Main Street, Gunnison
970-641-8837

<https://cfgv.org/special-projects/imagination-library/>
info@cfgv.org

Any child can receive a free book every month from birth to their 5th birthday. Call CFGV, or pick up a form at the CFGV office, the hospital, many doctors' and dentists' offices, or the County Department of Health & Human Services (220 N. Spruce Street) – forms available in English and Spanish. Or apply online (English only) via the website.

Little Free Libraries

Free books for kids and adults. There are several around the community and may look like this:



Rockin' Reading Route Book Bus

970-319-8631
Merita1227@gmail.com

Makes regularly scheduled stops around the region during the summer months. Free books for everyone, and healthy snacks too! Call for exact locations and times.

EDUCATION - ADULT

Adult Degree Completion Program

Western Colorado University
tschliesman@western.edu

If you were enrolled in college, but weren't able to complete your degree, this may be the way for you to do so. Scholarships are available.

Center for Adult & Family Education (CAFE)

Gunnison County Libraries
1 Quartz Street, Gunnison
<https://www.gunnisoncountylibraries.org/cafe/>
megan@gunnisoncountylibraries.org

English, GED Program, Driver's License classes in Spanish, and more. One-on-one tutoring available. Childcare is usually provided. All programs are free.

Colorado State University Extension

<https://gunnison.extension.colostate.edu/>
Fred Field Center at the Fairgrounds,
275 S. Spruce Street, Gunnison
970-641-1260

Offers a variety of classes and written materials on finance, food and food safety, nutrition, family issues, and more. Scholarships may be available.

Continuing Education (“Extended Studies”)

Western Colorado University Center for Learning & Innovation
970-943-2889
<https://www.western.edu/es>
sjansen@western.edu

The Center for Learning & Innovation offers a wealth of programs, typically in the evening, ranging from introductory Spanish to cold-climate gardening. A 50% discount on classes is offered to people 62 years and over.

Lectures, Programs and Events

Gunnison County is rich in programs and events that are often free to the public. Good places to start are the newspapers (see p 32), the Community Connections Calendar online (see p 28), Western Colorado University's Center for Learning & Innovation (formerly Extended Studies (p 41). At <https://cfvg.fcsuite.com/erp/donate/list/directory> you'll find the list of nonprofits and there's no lack of things to attend!

Western Colorado University

1 Western Way
Gunnison
www.western.edu

Western is a small public university with an enrollment of about 3,000. Has many scholarships.

EDUCATION -YOUTH

Gunnison Valley Mentors

101 N. 8th Street, Gunnison
970-641-5513

<https://www.gunnisonmentors.com/>

In- and out-of-school support and mentoring they offer in-school mentoring. Call or visit for more information.

Gunnison Watershed School District

800 N. Boulevard Street, Gunnison
970-641-7770

<https://www.gunnisonschools.net/>

Includes "Pathways" programs which may enable youth to study in nontraditional ways, such as concurrent enrollment, online classes, and career-oriented classes.

LEAD Homeschool Enrichment

970-390-1500
leaddirector.lfm@gmail.com

LEAD is a two-day-a-week drop-off program developed to enrich the educational journey, unique giftedness, and spiritual development of each and every child (ages 4-12). Meets on Tuesdays and Thursdays from 8:45am-3:15pm from the end of August through mid-May.

RECREATION

If you live here you know there are a host of recreation opportunities here. Many entities that serve youth also offer programs for adults; see the Youth section starting on p 65. But here are a few places to start:

PARKS & RECREATION

Crested Butte Parks & Recreation

507 Maroon Avenue, Crested Butte
970-349-5338

<https://www.crestedbutte-co.gov/park-rec>
recreation@crestedbutte-co.gov

Scholarships are available for many of the activities and the application can be accessed on the website via the description for each program.

Gunnison Parks & Recreation

200 E. Spencer Avenue, Gunnison
970-641-8060

https://www.gunnisonco.gov/Dept.s/parks_and_recreation/index.php

Gunnison Parks & Recreation offers a wide range of recreation activities. There are scholarships available up to \$400/participant/year for youth to the age of 18. Scholarships are provided via the Dept. of Health & Human Services, 220 N. Spruce Street, Gunnison.

Basketball courts at Legion and Meadows Parks.

FIELDHOUSE ACCESS

Fieldhouse, Western Colorado University

<https://western.edu/student-life/campus-recreation/mountaineer-field-house/>

There is a drop-in fee if you want to use fieldhouse facilities. Visit the website for more information.

NORDIC SKI TRAILS

Crested Butte Nordic

<https://cbnordic.org>

(970) 349-1707

See the website for the network of Nordic trails in the Crested Butte area. Crested Butte Nordic also works with Inmigrantes Unidos for free Nordic ski lessons and experiences for immigrants; contact mar-keta@hapgj.org for more information, or visit <https://cbnordic.org/en-espanol/>

Gunnison Nordic

<https://gunnisonnordic.com>

The club grooms miles of free trails in several locations near Gunnison; consult the website for maps.

USED SPORTING GOODS EQUIPMENT

All Sports Replay

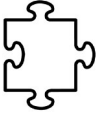
200 W Tomichi Ave Gunnison

970- 641-1893

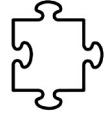
staff@asrgunnison.com

Store Hours: Tues-Sat 9:00 am-6:00 pm, Sunday 12:00 pm-6:00 pm
You may be able to find used sports equipment here.

Part 2: Specialized



Resources



IMMIGRANTS & NEWCOMERS

Most of the groups listed in this section have Spanish-speaking staff. Elsewhere in this Guide you may notice that programs or support groups in Spanish can be added if there is demand – Mountain Roots Food Project/Cooking Matters, and MOPS mothers groups are examples. Others, like the RTA, have Spanish translation on their website.

NAVIGATING THE COMMUNITY

Hispanic Affairs Project/Inmigrantes Unidos de Gunnison

970-209-1807
marketa@hapgj.org

Inmigrantes Unidos is a program of the Hispanic Affairs Project. They have an active Facebook page found at Inmigrantes Unidos de Gunnison. Meets at 6:30 pm the first Friday of every month at Iglesia Emanuel, 405 W. Tomichi Avenue, Gunnison.

HAP may also be able to offer limited assistance with housing costs.

Community Outreach Liaison/Interpreter & Translator

City Clerk's Department
201 W. Virginia Avenue, Gunnison
970-901-7628
resqueda@gunnisonco.gov

Office Hours: Mondays 5:30 pm-7:30 pm by appointment.

Ricardo Esqueda can provide Translation and Interpretation services in Spanish by appointment outside of his office hours. Feel free to reach out if you need help locating or connecting to businesses, contacting services, or navigating other resources that you may need in Gunnison.

Multicultural Resources Services

Gunnison County Dept. of Health & Human Services
220 N. Spruce Street, Gunnison
970-641-3244

<https://www.gunnisoncounty.org/889/Multicultural-Services>

Yazmin Molina, ymolina@gunnisoncounty.org, 970-641-7999

Mayte Burton, mburton@gunnisoncounty.org, 970-641-7694

Rosa Hernandez Ros. rhernandezros@gunnisoncounty.org,
970-641-7995

This office has three Spanish-speaking staff and helps immigrants better access local health and human services, and other resources.

CHURCHES – SPANISH LANGUAGE

Church of Jesus Christ of Latter Day Saints

810 N. 11th Street, Gunnison
Branch President Jose Alarcon
970-209-7905

Worship service Sunday 10:00 am, lectures and classes 11:00 am.

Iglesia Christiana Pentecostes

Pastors Juan Alvares and Delfin Ayala
302 W. Tomichi Avenue Ste B, Gunnison
719-298-833. 970-275-4082

Service Saturday at 6:00 pm

Iglesia Emanuel

405 W. Tomichi Avenue, Unit 2, Gunnison
Pastors Eduardo Sanchez and Alm Sanchez
970-376-6191. 970-497-6199

Worship service Sunday 12:00 pm, Monday 7:00 pm; Bible study
Wednesday.

Iglesia Christiana Rios de Agua Viva Church

37762 W. US Highway 50, Gunnison
Pastor Pedro Vitinio
970-209-3372

Family service Sunday 6:00 pm; Tuesday, Thursday 7:00 pm Bible
study, worship

St. Peter's Catholic Church
Office: 400 W. Georgia Ave, Gunnison
Church: 300 N. Wisconsin Street, Gunnison
Father Andres Ayala-Santiago
970-641-0808

Spanish mass Sunday at 12:00 pm and Thursday at 6:00 pm; Bilingual mass first Sunday 11:00 am

EDUCATION

Adults

Center for Adult & Family Education (CAFE)
Gunnison County Library
1 Quartz Street, Gunnison
970-641-3485
<https://www.gunnisoncountylibraries.org/cafe/>
megan@gunnisoncountylibraries.org

English, GED Program, Driver's License classes in Spanish, and more. One-on-one tutoring available. Childcare is usually provided. All programs are free.

Monthly Intercambio conversation groups to practice your English with native speakers, or practice your Spanish with native speakers. Monthly bilingual book group for people of all language levels on the first Thursday of the month at 5:00 at the Gunnison Library.

Western Colorado University

Admissions
1 Western Way, Gunnison
970-901-8757
aalejandro@western.edu

Western is committed to providing a safe and accessible learning environment for all students regardless of immigration status. Undocumented students are encouraged to apply.

Students

Multicultural Resource Center
Student Center
970-943-2703
molvera@western.edu

Connect with other Western Colorado University students from your cultural background. The Multicultural Resource Center sponsors Amigos, Asian Pacific Islanders Club, Black Student Alliance, Native American Student Council, Polynesian Chant and Dance Club.

Youth

Juntos 4-H

970-641-1260

<https://4-h.org/programs/juntos-4-h/>

Learn how to support your child's education and career goals. This website is for the national program, being modified for use in Gunnison County.

Youth/League of United Latin American Citizens (LULAC)

Gunnison High School
kdrendel@gunnisonschools.net

High school chapter of this national organization. Contact Krista Drendel, email above, for more information.

Elena Pedersen Scholarship

Community Foundation of the Gunnison Valley
525 N. Main Street, Gunnison
970-641-8837

This is a yearly scholarship of up to \$5,000 for graduating seniors in the Gunnison Watershed School District who are immigrants, children of immigrants or the first in their family to pursue post-secondary education.

FOOD

Complete list of food resources on p.1-5. The Food Pantry has Spanish and Cora speakers available on Wednesdays.

D'Luna Mexican Store

1140 N. Main Street, Gunnison
970-707-4304

Food, desserts, ice cream, treats, information, money transfers.

HEALTH

Bilingual Patient Navigator Gunnison Valley Health

711 N. Taylor Street, Gunnison
970-648-7740
csaenz@gvh-colorado.org

If you come to the hospital or its Behavioral Health Program and need a Spanish or Cora speaking community member to help with interpretation, Cinthia Saenz can help you.

Lighthouse Pregnancy Center

144 N. Main Street #D, Gunnison
970-596-1706

Monday-Thursday, 12:00 pm-6:00 pm by appointment. Call to confirm that they offer support groups and workshops in Spanish.

Multicultural Resource Center

Gunnison County Department of Health & Human Services
See p 46

Support Groups

Many of the support groups welcome Spanish speakers; as of this writing, for example, Mothers of Preschoolers (MOPS) does, as do the groups set up via Gunnison Valley Health. See p 22-23 to see if a group you want to participate in can have a Spanish speaker to assist you, or a Spanish conversation table.

The PIC Place

87 Merchant Drive, Montrose
See p 15

Spanish speakers welcome.

IMMIGRATION ASSISTANCE

Hispanic Affairs Project Immigration Legal Assistance Program

970-209-1807
marketa@hapgj.org

The Hispanic Affairs Project, based in Montrose, serves Gunnison County. It provides legal representation with immigration applications, and helps immigrants to navigate the complex immigration system.

INTERNATIONAL MONEY TRANSFERS/ WESTERN UNION

D'Luna Mexican Store
1140 N. Main Street, Gunnison

Safeway
112 S. Spruce Street, Gunnison

City Market
880 N. Main Street, Gunnison

Wal-Mart
900 N. Main Street, Gunnison

LEGAL ASSISTANCE

See p 34-35

Assistance is available in Spanish.

SKIING

Crested Butte Nordic

Crested Butte Nordic offers winter Nordic skiing lessons and experiences in Spanish. Learn more through Marketa at the Hispanic Affairs Project, marketa@hapgj.org.

HEALTH & SAFETY

(IF YOU ARE EXPERIENCING AN EMERGENCY, DIAL 9-1-1)

Law Enforcement

See p 34

Domestic Violence

Project Hope

24 hour emergency help: 970-275-1193

970-641-2712

<https://www.hope4gv.org/>

info@hope4gv.org

Has a Spanish speaking staff that can assist with temporary housing and other support if you or a family member is a victim of violence at home. Also see p 10,25

PEOPLE IN RECOVERY

This section of the Basic Needs Resource Guide was researched and prepared by the GRASP Consortium of the Gunnison County Health Coalition

Recovery Resource List

**Mobile Crisis Services 24/7/365: 1-844-493-TALK
(8255) or text TALK to 38255**

The Gunnison Valley Health Mobile Crisis Program is free. A trained mental health clinician from Gunnison Valley Health can respond to crisis calls in Gunnison and Hinsdale counties 24/7/365.

**Not sure if you need help,
and want somebody to talk to?**

Visit <https://www.centermh.org/self-screening/> for a free, anonymous screening.

Narcotics Anonymous (12 step spiritual program)

Basement of Bethany Church in Gunnison. Contact info: Joshua Fish 970-209-1974 for current schedule and location

For meetings throughout Colorado: <https://nacolorado.org/>

Alcoholics Anonymous (12 step spiritual program)

[AA Meetings in Crested Butte](#): Union Congregational Church, 403 Maroon Ave

NEW: Speaker meeting every Friday at 7PM at Queen of All Saints Catholic Church (Parish Building)

NEW: Women's meeting every Wednesday at 6:30PM at Queen of All Saints Catholic Church (Parish Building)

[AA Meetings in Gunnison](#): Last Resort Club, 114 N. Wisconsin Ave.

Call 970-208-5225 or 866-641-9190 for latest info

Celebrate Recovery (12 step Christian program)

Gunnison: Bethany Church, 909 N Wisconsin St

[Celebrate Recovery of Gunnison | Facebook](#)

Ed Johnson at evhoward@yahoo.com, 970-306-9670 (leave message)

Large Group meetings: 1st and 3rd Fridays, Step Studies (closed small group meetings): Tuesdays

Smart Recovery (secular program)

Gunnison, Every Tuesday at 6pm starting in February. Meetings held at 202 E. Georgia, Gunnison, CO 81230. Email ktibbett@gunnisoncounty.org or call 970-641-3244 for more information. <https://www.smartrecovery.org/>

Gunnison Valley recovery and relapse prevention network

<https://www.facebook.com/GVRRP>

Front Range Clinic Medication Assisted Treatment (MAT) Program

304 W. Tomichi St Suite 23 Gunnison, CO 81230
Mondays and Fridays 9AM-4PM

214 Sixth Street, Crested Butte, CO 81224
Every Monday, 1pm to 5pm

Call 970-644-5303 (Front Range Clinic - Grand Junction) and request an appointment for Gunnison County clinic. Accept insurance or sliding scale (doesn't turn away anyone, regardless of financial situation!)

Teocalli Treatment Options, LLC - Heather C. Peterson, *Licensed Addiction Counselor*

www.TeocalliTreatmentOptions.com

Private Practice offering: Individual, Couples, Family, and Group Counseling; Psycho-education; Diagnostic Assessment and Court-ordered Substance Use Disorder Assessments; Consultation/Case Management; Supervision; and other services tailored to meet individual needs.

Healing Waves Neurofeedback

Anne Linville, 970.648.4511

gunnisonneuro@gmail.com

Wesley Dent, 970.648.4290

wesley.healingwavesneuro@gmail.com

Neurofeedback is a safe, effective, well-researched treatment for addictions, depression, anxiety, trauma, grief, and many other conditions. Neurofeedback calms the brain, reduces impulsivity, reduces rumination, and prevents addictions relapse by 75% in the first year if the patient is sober and engaged for continued sobriety.

CB State Of Mind

403 3rd Street, Suite F, Crested Butte
970-596-4698 or mfdougherty79@gmail.com
<https://www.facebook.com/cbstateofmind>

Provides information, referrals to counselors and financial help to people anywhere in Gunnison County who are unable to afford a counselor.

**Gunnison Valley Health
Behavioral Health Department**

gunnisonvalleyhealth.org/Our-Services/Behavioral-Health

300 E. Denver Ave. Gunnison, CO 81230
970-648-7128 (daytime office)

Axis Health System

centermh.org

Support Line: 970-252-6220

Crested Butte Office: 214 6th Street, Suite 4, Crested Butte
970-252-3200

Gunnison Office: 710 N. Taylor Street, Gunnison
970-252-3200

Advantage Treatment Centers Inc.

Montrose

<https://www.atreatmentcenters.com/montrose/>

Online meetings (secular programs):

[Self-Help Addiction Recovery Program | Addiction Support Groups \(smartrecovery.org\)](#)

[Mindfulness in Recovery \(mirmeetings.com\)](#)

[Wellbriety - White Bison \(Native American-based spirituality\) \(recoveryourpurpose.org\)](#)

Resources for Gunnison middle school and high school student and families:

Email: youthwellness@gunnisoncounty.org

Youth Wellness offers up to 4 free confidential sessions with a therapist for youth age 12+. For more information or to sign up, email the address above.

Resources for Western Colorado University students:

Western Colorado University Student Health and Wellness Office
western.edu/student-life/health-wellness

Western Colorado University Campus Center Crystal Hall #104
970-648-7128

Can assist students with information and resources regarding substance abuse, mental health, stress and suicide prevention. Other useful resources and links are on the website.

Websites to support recovery:

[I Am Not Anonymous \(iamnotanonymous.org\)](http://iamnotanonymous.org)

[Stop the Silence. Speak the Truth.
\(stopthesilencespeakthetruth.wordpress.com\)](http://stopthesilencespeakthetruth.wordpress.com)

[Shatterproof | Reversing the Addiction Crisis in the U.S.
\(shatterproof.org\)](http://shatterproof.org)

[To Write Love on Her Arms \(twloha.com\)](http://twloha.com)

[My Strength \(Mystrength.com\)](http://mystrength.com)

[Mindful Life Program \(https://www.mindfullifeprogram.org/mir/\)](https://www.mindfullifeprogram.org/mir/)

For people with Substance Use Disorder (SUD) and/or loved ones of people with SUD:

[I raised an addict – what could I have done differently? – Heroin.
Stop the Silence. Speak the Truth. - blog](#)

[To inhale. \(caitlinharrisonblog.wordpress.com/2017/09/27/to-inhale\)](http://caitlinharrisonblog.wordpress.com/2017/09/27/to-inhale/) - blog

[Understanding Addiction - YouTube](#) (the documentary film Gunnison ValleyRCORP funded in 2020)

[Pleasure Unwoven - YouTube](#) – movie

[The Anonymous People - YouTube](#) – documentary

[There's an Addict in My Closet](#) – book

[American Fix](#) – book

[What Addicts Know](#) – book

[Everything You Need To Know About Addiction | McLean Hospital](#) - website

Gabor Mate about the root of addiction <https://youtu.be/66cYcSak6nE> - Ted Talk

AI-Anon meetings

Gunnison: findrecovery.com/alanon_meetings/co/gunnison)

Crested Butte: findrecovery.com/alanon_meetings/co/crested-butte)

For latest information on schedule and locations, call 866-362-4427

For those interested in Activism and Advocacy for the Recovery Community:

[Recovery Advocacy Project \(recoveryvoices.com\)](http://recoveryvoices.com) – Activism on behalf of the recovery community

[Home - Communities Project \(communitiesproject.org\)](http://communitiesproject.org)– leadership training

[National Council on Alcoholism and Drug Dependence \(ncadd.org\)](http://ncadd.org)

[Faces and Voices in Recovery \(facesandvoicesofrecovery.org\)](http://facesandvoicesofrecovery.org)

Any edits or additions that need to be made? Please contact Kyle Tibbett at ktibbett@gunnisoncounty.org OR Mary Beth Kelley at marybethkelley.cb@gmail.com

PEOPLE WITH DISABILITIES

Many of the services listed in the “senior” section also serve people with disabilities.

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://gunnisoncounty.org/882/Public-Assistance>

Children with Disabilities is a family medical assistance program that will provide Medicaid benefits for children that are under age 19 and who have a qualifying disability. Eligible families will receive Medicaid benefits for their child with a disability by paying a monthly premium on a sliding scale base on their adjusted income. Working Adults with Disabilities is a medical assistance program that provides Medicaid benefits for working individuals with disabilities, ages 16 through 64. Eligible individuals receive Medicaid benefits by paying a monthly premium on a sliding scale based on their adjusted income.

Colorado Talking Book Library

See page 40

Six Points Evaluation & Training

1160 N. Main Street, Gunnison
970-641-3081

<https://www.sixpointsgunnison.org/>
busmgr@sixpointsgunnison.org

Serves people with intellectual disabilities via education, training, assistance, and support to them and their families.

Provides job training skills to people with any disability; see p. 33

May provide job training opportunities to students with a disability who attend Gunnison High School. See p. 33

TRANSPORTATION

See p 35-36

RECREATION

Adaptive Sports Center

970-349-2296

<https://www.adaptivesports.org/>

Inclusive outdoor adventures and recreation programs for people with physical, emotional and cognitive challenges. Activities include mountain biking, skiing, rock climbing, paddle sports and more. \$95/day; scholarships may be available.

Reactive Adaptations

719-429-7348

<https://reactiveadaptations.com>

A Crested Butte business that builds bikes for people with a disability. Does not offer discounts/

UTILITY BILLING

See p 26

SENIOR RESOURCES

(To report the abuse or neglect of an at-risk adult,
call 970-641-3244)

Gunnison Senior Center

Gunnison Community Recreation Center

200 E. Spencer Avenue, Gunnison

970-641-8272

https://www.gunnisonco.gov/departments/parks_recreation/seniors/index.php

egillis@gunnisonco.gov

A good first stop to learn about resources. Offers many special recreation opportunities for seniors such as fitness classes for all levels, pickleball, outdoor adventures, water aerobics, swimming, Nordic skiing and more. This is a Silver Sneakers/Silver & Fit Facility.

Gunnison County Senior Resources Office

Gunnison County Dept. of Health & Human Services
220 N. Spruce Street, Gunnison
970-641-3244

<https://www.gunnisoncounty.org/153/Adult-Senior-Services>

Provides assistance with Medicare, adult protective services, home and community based services, recreation, social events, options counseling, and community resources.

CONTINUING EDUCATION

Western Colorado University Center for Learning & Innovation

See p. 41

A 50% discount on classes is offered to people 62 years and over.

ESTATE PLANNING

See p. 70

FOOD

Mom's Meals and Senior Meals may be of special interest; and the Food Pantry caters to adults age 60+ on Thursday. See p 1-5

HANDYMAN

See p. 71

RSVP/ Handyman Services

Department of Health & Human Resources
970-641-3244

Handyman and other services offered by volunteers may be available for low-income, minority and isolated older adults.

HOME MEDICAL SERVICES

Gunnison Valley Health

See p. 12

Your Journey Forward
Facebook page
970-209-7337
Yjf.gunnison@gmail.com

In-home care. Private pay only.

HOSPICE & PALLIATIVE CARE

See Gunnison Valley Health p. 12

HOUSING

Assisted Living Center
Gunnison Valley Health
See p. 13

Gunnison River Condos

A small number of condos restricted for purchase by seniors on the west edge of the city.

Mountain View Apartments
Gunnison Valley Regional Housing Authority
See p. 24

Richardson Hall

A very limited number of condos for seniors in central Gunnison.

Senior Care Center
Gunnison Valley Health
See p.13

ISOLATION

Gunnison Valley Animal Welfare League

“Silver Whiskers” is a program by which GVAWL pairs an older, well-mannered animal, when they are available, with seniors on a low- or fixed income such as Social Security or Veterans Disability/ Retirement Benefits. See p 20

NORDIC SKIING

Gray Hares

jane@murraybanks.com

A group of people age 50+ who enjoy Nordic skiing in the Crested Butte area.

PROPERTY TAX RELIEF

Gunnison County Assessor's Office

221 N. Wisconsin Street, Gunnison

970-641-1085

<https://www.gunnisoncounty.org/687/Senior-Property-Homestead-Exemption>

Seniors who have owned their home for 10+ years, and occupied it as their primary residence may be eligible for property tax relief.

SNOW REMOVAL ASSISTANCE

City of Gunnison Public Works

970-641-8020

<https://www.gunnisonco.gov/>

The City of Gunnison has a program for City residents by which its snow plowing crews may remove heavy snow berms at the end of driveways of homes of eligible elderly or disabled persons. Visit the website and click Depts > public works > snow and ice removal > snow removal applications.

TRANSPORTATION

See p. 35-37

UTILITY BILLING

Town of Crested Butte

See p. 26

WESTERN COLORADO INFORMATION FOR SENIORS

Seniors Blue Book

This is a free handbook of community, health and housing resources on the entire Western Slope, including the Gunnison County resources found in this Guide. It is available at the Dept. of Health & Human Services and at the Gunnison Senior Center/Recreation Center.

VETERANS RESOURCES

If you have a disability or are a senior, you may find other resources in those sections of this Guide.

Gunnison County Veterans Services Officer

970-641-7919; cell 713-823-5828

<https://www.gunnisoncounty.org/910/Veterans-Service-Officer>
sotero@gunnisoncounty.org

Steve Otero, Veterans Services Officer, can help you navigate Medicare, social security services, various health options, and community resources. On the website is a list of links for additional information that may be helpful.

COMMUNICATIONS

Lifeline Broadband Access and the Affordable Connectivity Program are available to veterans. See p. 5-6

DENTAL

Crested Butte Dental

See p. 15

Annually, offers a veterans-only free day.

FELLOWSHIP

American Legion/Auxiliary Post 54

501 E. Virginia Avenue, Gunnison
gunnisonpost54@gmail.com

For anyone who has served at least a day of active military service or is serving now. Coffee is available the first Saturday of the month; call for more information.

ISOLATION

Gunnison Valley Animal Welfare League

See p. 20

HEALTH

Mobile Health Clinic

Gunnison Valley Health (near Emergency Room entrance)
711 N. Taylor Street, Gunnison
970-242-0731 ext. 2086

<https://www.gunnisoncounty.org/DocumentCenter/View/10843/MMU-Trifold-Brochure-PDF?bidId>

Second Tuesday and Wednesday of every month, 9:00 am-4:00 pm. U.S. Dept. of Veterans Affairs operates this mobile medical clinic. Schedule an appointment via the number above.

RECREATION

Adaptive Sports Center

19 Emmons Road, Mt. Crested Butte
970-349-2296

<https://www.adaptivesports.org/>

Through Operation Rise & Conquer, we offer veterans, active military and first responders with disabilities \$50 full-day summer and winter activities. This special rate is also available to veterans, active military and first responders who have a family member with a disability.

Reactive Adaptations

See p. 58

A Crested Butte business that builds bikes for people with a disability. The VA may be able to assist; contact the Gunnison County Veterans Services Officer.

TRANSPORTATION

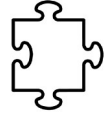
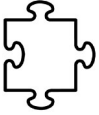
See p. 35-37

VetRide

<https://www.vetride.va.gov/app/home>

Ride to a scheduled appointment with the Veterans Administration. Schedule via the website; it's preferred that you schedule at least 7 days in advance.

Part 3: Other



Resources

YOUTH

(To report child abuse or neglect,
call 1-844-264-5437 or 970-707-7005)

Consult the Health and Mental Health sections of this booklet to find items specific to young people, as well as the Early Childhood/Books/Education section. Here you will find opportunities and resources not mentioned elsewhere. These are free or offer scholarships to families in need.

Gunnison County Department of Health & Human Services

220 N. Spruce Street, Gunnison
970-641-3244

<https://www.gunnisoncounty.org/150/Children-Family-Services>

Children & Family Program

Provides many services so that children can live in safe and stable homes.

Gunnison County Early Childhood Program

See complete listing on p. 38-39

Gunnison County Juvenile Services

200 E. Virginia Avenue, Gunnison
970-641-7393

<https://www.gunnisoncounty.org/155/Juvenile-Services>

Provides information, resources, prevention and intervention services to youth and their families.

Youth Intervention/Diversion Services

Provides screenings, assessments, case management, mentoring, life skills training, restitution and restorative justice processes to court-referred youth.

Family Advocacy Support Team (FAST)

Helps youth and families gain support and navigate systems of assistance among educational, legal, mental and physical health systems.

Gunnison County Substance Abuse Prevention Program (GCSAPP)

Provides substance use prevention and mental health promotion through youth and family programs such as Choice Pass (see p. 67), youth groups and youth led suicide prevention trainings.

Gunnison County 4-H Program

Fred Field Center at the Fairgrounds
Gunnison County Extension Office
275 S. Spruce Street, Gunnison
970-641-1260

Build friendships, life skills and leadership by participating in clubs and projects “from raising cattle to building rockets and everything in between.” Annual fee is \$25/child, and scholarships are available.

Gunnison Valley Mentors

101 N. 8th Street, Gunnison
970-641-5513

<https://gunnisonmentors.com/>

In a celebration of diversity, Gunnison Valley Mentors promotes the healthy growth of young people through one-to-one mentoring relationships and enrichment opportunities. All mentoring services are free.

SPORTS, ARTS, FUN & MORE

There are many, many youth activities in the Gunnison Valley. This list is not complete but it is a good place to start. We’ve tried to provide a resource for kids with many diverse interests. We have provided contact information for groups that may not be easy to find in an internet search.

Barrel Racing Club

Facebook Page – High Elevation Productions

Boy Scouts

Contact Margaret Cranor, cranor.margaret@gmail.com, 970-209-9129, to learn about scouting opportunities.

Choice Pass
Gunnison County Juvenile Services
<https://www.choicepass.net/>
emirza@gunnisoncounty.org

A program for youth designed to promote substance-free healthy living. Over 40 local businesses and nonprofits offer discounts or free opportunities – even ski passes - to participating youth who pledge to remain substance free. Parent involvement is required. For more information consult the website above.

Churches and Congregations

Your faith community almost certainly has youth fellowship and activities groups in addition to “Sunday school.” See pages 28-30

Crested Butte Explorer Program

For youth considering careers in fire protection, law enforcement, or emergency medical services.

Dos Rios Golf Club

While there is a fee for club rental, scholarships are available for the Junior Golf program. Stop by to sign up, 501 Camino del Rio, Gunnison.

Girl Scouts

Leaders change frequently, so contact Girl Scouts of the Western Slope to learn who the leaders and troops are, www.girlscoutsofcolorado.org, 970-375-7913.. If there is enough interest, they can help set up a troop for Spanish-speakers.

Gunnison County Libraries

Both the Gunnison and Crested Butte Libraries offer many opportunities for youth! There are Storytimes for little kids, clubs like Lego Club for bigger kids, and resources for teens like the Gaming Guild. Visit their website for a list, but the bulletin boards at the libraries themselves may be the best place to start looking. Activities are free.

Gunnison Watershed School District

Both the Crested Butte and Gunnison Schools offer many opportunities after school, from sports to clubs.

High Attitude Dance Academy

Offers recreational, competitive and elite competitive classes in a wide variety of dance forms in Gunnison.

Let's Play Marbles

Marbles program that has yielded state winners! Contact Jerry Piquette, playmarbles@msn.com, 970-641-0944

Non Profits

The nonprofits that offer programs for kids – many of which offer scholarships and discounts – include the following; visit their websites for information. This list may not be complete.

- Adaptive Sports Center – youth with disabilities
- Coldharbour Institute and Ranch – sustainable agriculture, solar, and other practices
- Crested Butte Center for the Arts
- Crested Butte Development Team – mountain biking
- Crested Butte Mountain Heritage Museum
- Crested Butte Mountain Theater
- Crested Butte Nordic
- Crested Butte School of Dance
- Crested Butte Snowsports
- gO Girls– exploring mountain sports throughout the Valley
- Gunnison Arts Center
- Gunnison Valley Mentors – find an older partner and friend
- Gunnison Valley Theatre Festival Camp, 970-596-7551
- Mountain Roots Food Project – youth gardening programs
- Rocky Mountain Biological Lab- science for kids
- Trailhead Children's Museum
- West Elk Hockey Association
- West Elk Soccer Association

Lost Miner [Equestrian] Ranch

Lost Miner Ranch offers a wide variety of equestrian and horsemanship programs. Older kids may be able to work to earn class credit.

Parks & Recreation Departments

Both the Parks & Recreation Department in Gunnison and in Crested Butte offer a host of programs for kids of all ages; both offer scholarships.

Roping Club

Facebook page

Western Colorado University

Paul M. Rady School of Computer Science & Engineering

Camp for middle school kids interested in the place where science + technology + engineering + art+ design all come together. Contact lauren.cooper@colorado.edu.

Six Points Evaluation & Training

<https://sixpointsgunnison.org/>
seprov@sixpointsgunnison.org

May provide job training opportunities to students with any disability who attend Gunnison High School.

Young Life

601 6th Street, Crested Butte
865-406-6876 or 520-241-1009

Christian fellowship for youth in Crested Butte and on the Western Colorado University campus.

ANIMALS

This section is included because we recognize that a dog or cat may provide much needed companionship to an isolated person. You can adopt animals from these groups. Additionally, they may be willing to provide some financial support as they are able to low-income people who cannot otherwise afford to keep their pet.

Dog Cabin Ranch Sanctuary

<https://www.dogcabinresort.com/>
970-641-3691

People in need may be able to apply for a discount for daycare, boarding, food, microchips and veterinary services.

Gunnison Underdog Rescue

Facebook page
Text 970-209-7030

Contact GUR to learn how they may be able to assist low income people with spay-neuter for their pet.

Gunnison Valley Animal Welfare League

98 Basin Park Drive, Gunnison

970-641-1173

<https://www.gvawl.org/>

May be able to assist low-income people with a portion of the cost of spay-neuter for their pet. Also manages "Silver Whiskers;" see p. 20

Oh Be Dogful Rescue and Sanctuary

336B Buckley Drive, Crested Butte

970-349-5047

<https://www.ohbedogfulrescueandsanctuary.com/>

Significant discount on care services for people in need whose animal was rescued by Oh Be Dogful; may be able to assist people unable to keep their pet because of the cost of veterinary care. Can rescue dogs of people unable to keep them due to financial hardship or housing issues.

Paradise Animal Welfare Society

26651 Highway 135, Crested Butte

970-209-3656

<https://www.pawscrestedbutte.org/>

May be able to assist with spay-neuter costs and veterinary assistance to people who have been continuous residents in Crested Butte for 6+ months.

ESTATE PLANNING

970-642-4665

Each fall a local attorney assists a limited number of people who cannot afford full legal fees with estate planning including a will, power of attorney, and final medical wishes. For straightforward situations he offers a very reasonable fee for the package. Contact Health & Human Services at the number above to schedule an appointment.

FAMILY PLANNING

Gunnison County Department of Health & Human Services

970-641-3244

<https://www.gunnisoncounty.org/246/Family-Planning>

Offers pap smear, pregnancy testing, STD/HIV testing, emergency contraception, UTI and vaginal treatments, and birth control options. Services are based on income and most insurance is accepted. They see males and females of any age, and all services are confidential. Please call to set up an appointment.

HANDYMAN

Bethany Baptist First Responders

jskokan@gvh-colorado.org, jskokan844@yahoo.com

Offers assistance to people in need such as handyman services or firewood collection.

LAUNDROMATS

Crested Butte Hostel & Laundromat
615 Teocalli, Crested Butte

Hi Country Laundromat
221 W. US Highway 50, Gunnison

One Stop Wash
922 W. Gunnison Avenue #1, Gunnison

SHOWERS

Gunnison Recreation Center
200 Spencer Avenue, Gunnison
970-641-8060

Showers are available for \$5.00.

VOLUNTEERING

Volunteers are the backbone of a healthy community of neighbors caring for neighbors. Whether your passion is animal welfare, helping out as a handyman, helping register people to vote, working backstage on a show, helping distribute food – the list is a long one! – we need you! Consult the list of nonprofits at [https://
cfgv.fcsuite.com/erp/donate/list/directory](https://cfgv.fcsuite.com/erp/donate/list/directory), talk to your child’s teachers, ask your pastor or worship leader, or head over to the Department of Health & Human Services – these are a few good places to start.

VOTER REGISTRATION

Gunnison County Clerk’s Office
221 N. Wisconsin Street, Gunnison

Please contact us if any of the information is incorrect or as new information becomes available so we can include it in our next edition of this Resource Guide.

Email: specialproject1@cfgv.org

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Gratitude to the scores of good people in this County who care so deeply for their neighbors.

And, we are so grateful to these people who updated and researched the contents of this Guide.

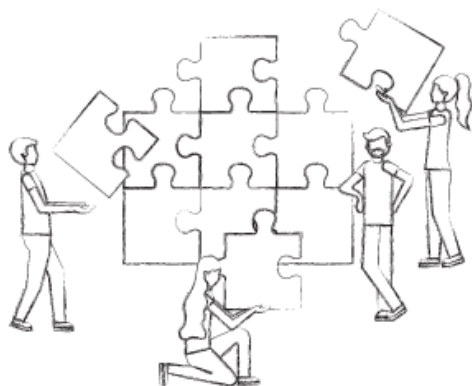
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We get by with a little help from our friends...



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